

# THE FRIDAY FLIER

KOTAHITANGA

Waikato Waldorf School, Kindergartens and Playcircle



No: 21

28 July 2017

Dear Waikato Waldorf Community

Welcome back to Term 3! If you have been on site you would have seen a few changes. There was much activity over the holidays and a new drain was put in and several paths giving better access across the grassed area and linking all the back entrances behind our main block of classrooms. They look amazing and have created these interesting little areas for planting and sculptures. We can't wait for our students to come up with some plans to beautify these spaces. The temporary path around the hall is nearly complete (weather and time got the better of us I'm afraid). But I would like to say a special thank you to Ted, Bart, Rene, Darryn and Andy who went the extra mile for us this break to make sure our vision became a reality. We are truly grateful for all your time and care!

Next week sees our Class 5's going on the annual Olympic Camp, somewhat earlier than usual due to unforeseen circumstances. Many thanks go to Jody and the parents for getting the preparations done at record speed and we wish everyone a fantastic time!

As mentioned in a previous Flier the Ministry of Education are proposing to strengthen digital technologies in the curriculum and have set up a series of workshops to provide an opportunity to give more information but this will **also be an opportunity for us to provide them with our feedback**. Waldorf schools world-wide wish to keep digital technology out of the primary curriculum so that essential skills can be developed before students use digital technologies.

Please help New Zealand Waldorf Integrated Schools represent their case to the MOE by attending the Parent/Community Workshop below at Sky City. You will need to register on line if you intend to go, from the link below.

1. **Aug 3 Community Evening 6.30-8.30pm**
2. Aug 4 Leaders 9.00 – 12.00pm
3. Aug 4 Teachers 1.00-3.00pm

Register for workshops:

[http://www.conference.co.nz/moe17/other\\_events/digital\\_technologies/information](http://www.conference.co.nz/moe17/other_events/digital_technologies/information)

Read these documents here: <https://education.govt.nz/ministry-of-education/consultations-and-reviews/digital-technology-consultation/>

To make a submission, use the online survey tool: <http://www.surveygizmo.com/s3/3628791/DT-HM-consultation>

As we are all thinking about how we respond to the MOEs new draft digital technology curriculum I thought you might like to read the attached paper - 'Media Competency and Waldorf Education' – published as a collaboration between the German Waldorf School Association and "Aktion mundige Schule", which campaigns for freedom in education.

I found the paper very helpful in the way it sets out key principles and explains how 'indirect media education' in the lower school years enables greater media competency in the upper school years (when the students receive direct media education).

Your support and voice is vitally important if we wish to retain our Special Character.

With deep appreciation

Sue

Please pick up your child's report from the office if you haven't done so already. Thank you.

## STAFF CORNER

Kia ora,

So, here is my story so far;

I grew up in a small market town in England on the edge of the North Yorkshire moors, a fantastic place to spend my childhood during the 70s and 80s, a great non-digital and wholesome time.

Following university I followed a 12 year career in Accounting and Finance during which I travelled a great deal through Europe and beyond.....

Eventually time to settle, I met a young man, Richard, from Salisbury in Wiltshire and, after visiting New Zealand together on an extended holiday, we got married and settled here indefinitely. After 16 years we are still enjoying the lifestyle New Zealand has to offer.

In 2005 our son, Ethan, was born, a blessing in every way. As a mum at home I decided to open my home to other pre-schoolers and became a Home Based Educator with PORSE. This involved study in Early Childhood Care and Practice leading me on to do my own research into child development and psychology.

When Ethan started school I started work as a Teacher Aide at a local primary school and then moved on to work as an Education Support Worker for the Ministry of Education In Early Childhood. Both jobs involved working with children needing additional support.

5 years later I discovered this amazing school and here I am helping in class 2 and class 7 as a Teacher Aide. Ethan also attends the school as a student in class 6.

I am always amazed at how life takes us along many twisting, winding pathways leading us to different destinations and filling us with new and exciting experiences and knowledge.....



**Nicky Sale**



### Chamomile compress

'Mum my tummy is sore!'

This is the gentlest and most useful compress to help a nervous or stimulated child fall asleep and /or relieve tension in the abdomen. It calms the nervous system and supports digestion. It is an excellent treatment for any person suffering stress, insomnia, menstrual pain, bloating, colic, or to wind down after a busy week and for children who complain of a sore tummy! (Particularly as school holidays draw to a close)

The compress is prepared by soaking a cloth- (a piece of flannelette sheet is perfect)-cut the sheet small enough to fit the abdomen place the flannelette sheet on top of a tea towel and roll up like a sausage, submerge the rolled compress within the tea towel into a bowl of chamomile tea. The tea is made by placing a tablespoonful of Chamomile flowers into a bowl and pouring a litre of boiling water over - cover for 5min then strain off the tea into another bowl. Submerge the rolled cloth into the tea.

Wring out as much of the tea as possible, check the temperature is tolerable i.e hot but not hot enough to cause discomfort apply the warm compress on the exposed abdomen, over the belly button. The cloth should not extend above the diaphragm. Wrap with a woollen cloth around the abdomen to help hold the cloth in place. The child should rest in bed leaving the compress on for 20min, after 20 min remove and let the child rest again.

This compress can be repeated a further two times if required. If symptoms persist seek advice from your health care practitioner

Maree Smith RN, Anthroposophical Nurse Ph: 021 150 9433





## Supporting illness through the cooler months

Over the course of the morning learn how to support your family through some of the common winter illness' using safe and age old remedies to treat coughs and colds, sore throats, ear ache and fever. Maree will guide this highly practical session utilising herbal teas, compresses and footbaths to support the immune system. The session will cover a variety of compresses and external applications, including descriptions of the substances used and their healing properties.

**Date: Saturday 5th August**

**Time:** 9.30am—1pm (break for shared morning tea)

**Place:** Encompass Health, 474B Horotiu Road, Te Kowhai

**Cost** \$25 each

(Limited to 10 participants)

*Please register by emailing Maree- Sorry no babysitting service*

Maree is a Registered Nurse utilising integrative therapies following the principles of Rudolf Steiner. She has been a registered nurse for 30 years and divides her time between nursing in a private surgical hospital and Encompass Health Integrative therapies. Maree also works with Waikato Waldorf extra lesson program providing Anthroposophical Nurse therapies to school students and supporting the work of our Extra lesson teachers.

For Further information Contact Maree 021 150 9433 or [1mareesmith@gmail.com](mailto:1mareesmith@gmail.com)

### UPCOMING EVENTS

31/07 to 4/08	Class 5 Olympic Camp	12 September	Class Photos
02 August	Orchestra Trip	15 September	Mucking-In Day
08 August	Cross Country	18 to 22 Sep	Swimming week Cl. 1—3
15 August	Class 4 Play 1.40 and 7pm	21 September	Spring Festival
16 August	Class 7 Performance at Michael Park	28 September	Last Day of term 3
31 August	Journey through School @ 6.30pm		

**Regarding Orchestra Trip** Please make sure you returned your permission slip. Drivers and students need to leave school at 10.30am. Many thanks to our drivers.


## COMMUNITY NOTICES

These notices are published as a service to the school community. Publication is at the discretion of the Editor, and does not necessarily reflect the opinion of the Faculty.

### BABYSITTER AVAILABLE

Former Waikato Waldorf School pupil and currently at Boys' High (age 15) is available evenings and weekends. Please contact Kealey Stark-Fisher on 027 459 9006.

**New SCOUT Group In Rototuna**



Parents of boys and girls in Years 1-5 at school are invited to an open meeting at 6pm on Thursday 27 July at the Waldorf School Hall 85 Barrington Dr, Huntington to learn more about the formation of a new Scout Group in the northern suburbs of Hamilton.

**SCOUTS**  
New Zealand  
CENTRAL NORTH ISLAND



[www.hiltonbrownswimming.co.nz](http://www.hiltonbrownswimming.co.nz)

**FREE lessons for complete beginners!\***

Can your child:  
- Float?  
- Submerge?  
- Paddle to safety?

If you answered NO to any of the above book online today!

**Hilton Brown SWIMMING**  
Lessons for life

\* Term's & condition's apply

## TE REO WAINENE OTUA THE SWEET STORY OF YESTER-YEAR



Join us for captivating te Reo storytelling with relevant stories for tamariki and rangatahi about Maori history.

100% te Reo Maori.

Monday 7 Aug, Wednesday 9 Aug, Friday 11 Aug  
Waikato Museum

Tuesday 8 Aug  
Pop Central Library

Thursday 10 Aug  
Chartwell Library

Visit [www.hamiltonlibraries.co.nz](http://www.hamiltonlibraries.co.nz) or [www.waikatomuseum.co.nz](http://www.waikatomuseum.co.nz) for session times



[WWW.HAMILTONLIBRARIES.CO.NZ](http://WWW.HAMILTONLIBRARIES.CO.NZ)

Hamilton City Libraries  
TE OHOMAUŌŌ KIRIKIRIOA

Hamilton City Council  
Te Kaitiaki Take Kōwhiri

85 Barrington Drive, Huntington, Hamilton  
Ph: 07 855 8710 email: [office@waikatowaldorf.school.nz](mailto:office@waikatowaldorf.school.nz)  
website: [www.waikatowaldorf.school.nz](http://www.waikatowaldorf.school.nz) [www.facebook.com/WaikatoWaldorf School](https://www.facebook.com/WaikatoWaldorfSchool)